TENNESSEE FAMILY MEDICINE			Glucose Logs		Name: DOB:		
Date	1	1	1	1	1	1	1
Breakfast	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx							
Glucose 2 hours after							
Meal							
notes		!	!	!	!	!	ļ
Lunch	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx							
Glucose 2 hours after							
Meal							
notes							
Dinner	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx							
Glucose 2 hours after							
Meal							
Redtime Insulin							

Notes: We need before meal and 2 hours after. Want before meal ideally <120 and 2 hours after meal <160