

Date	/	/	/	/	/	/	/
Breakfast	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx <input type="text"/>							
Glucose 2 hours after							
Meal							

notes

Lunch	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx <input type="text"/>							
Glucose 2 hours after							
Meal							

notes

Dinner	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Glucose Before							
Rx <input type="text"/>							
Glucose 2 hours after							
Meal							
Bedtime Insulin <input type="text"/>							

Notes: We need before meal and 2 hours after. Want before meal ideally &lt;120 and 2 hours after meal &lt;160